# **How To Pray**

## By FLOODGATES Team

Prayer draws us closer to God's heart. The way we know God's heart is through spending time with Him. God wants to have relationship with you. Through prayer, we find a way to connect with Him and make ourselves available to what He is speaking.

Matthew 6:6 shows us a very practical way on how to pray today.

But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.

Matthew 6:6

#### **Go Into Your Room**

- → Be intentional
- → Create a personal and private space to meet with God
- → Get away from all distractions
- → Set a time to spend with Him

#### **Close the Door**

- → Seperate yourself, this can be physical and mentally.
- → Get alone with God
- → Focus on your relationship with Him
- → Put your phone away

# **Pray to Your Father**

- → Say it all; the good, the bad and the ugly
- → He can handle whatever you have to say
- → Speak honestly and openly
- → He knows your heart

## Then Your Father, Who Sees What is Done in Secret, Will Reward You

- → Find purpose in God
- → He gives you hope and strength
- → What is sown in secret will show
- → Relationship with God is the best reward

Get alone with God. Whether your "room" looks like your car, kitchen or a walk around the neighborhood. Get away from distractions and pray to your Father. As you pray, you will get to know his Heart and see that He just wants to be with you.